

Your Child's Developing Years



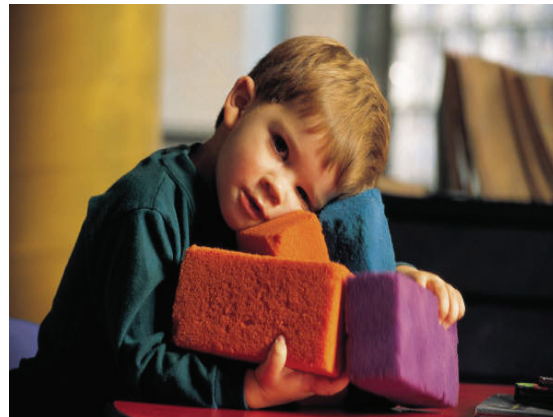
Did you know?

- 90% of brain growth happens from birth to 5 years of age.
- Your child learns more in the first 3 years of life than an adult does in 10 years.
- Brain growth in the first 3 years sets the stage for a life of learning, behaviour and health.

Child Development

As infants grow, they continually learn new skills such as speech, getting along with others and motor skills like walking to running, jumping, using a crayon, eating with a spoon and wiggling their toes in the sand.

Developing skills happens at predictable times during childhood. As a child matures, the skills become more and more complex. Every child is different, but there are age ranges when children should develop a skill or be able to do a task. These are called milestones.



“Family is the first school for young children, and parents are powerful models.”

Alice Sterling Honig
Child Development Expert

As a parent, you can help your child reach their potential, and be ready and excited to start school.

Early assessment, finding risk factors and taking steps to deal with any delay will help every child to meet their milestones.

Ask about the Nipissing District Developmental Screen

This is a checklist that helps parents review their child's successes.

Parents:

- Learn about your child's growth.
- Know your child's skills and abilities.
- Identify areas that may need early attention i.e. speech, hearing, motor skills.
- Plan ways to help your child, including referrals to qualified professionals, if required.

For more information about your child's development or to talk with a Public Health Nurse call:

- 519 383-8331 ext. 3607
- 1-800-667-1839 (toll free)



COUNTY OF
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CHILDREN'S SERVICES DEPARTMENT

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