



ASIST

Applied Suicide Intervention Skills Training

Become a certified ASIST helper!

Course Description: The Applied Suicide Intervention Skills Training (ASIST) workshop is for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Over 950,000 caregivers have received this training. Just as "CPR" skills make physical first aid possible, training in suicide intervention develops the skills needed for suicide first aid. ASIST is a two-day (15 hours) intensive, interactive and practice-dominated course designed to help caregivers recognize risk and learn how to intervene to prevent the immediate risk of suicide.

WHEN: August 30 & 31, 2011

WHERE: Little Friends Day Care

295 Essex St., Sarnia, ON N7T 4S3
(at the corner of Russell St)

TIME: 9:00 am to 5:00 pm (both days)

COST: FREE (Training Sponsored by SLNFC)

**Space is limited to the first 30 applicants
Must Pre-Register!**

To pre-register for the ASIST training contact:

Sarnia-Lambton Native Friendship Centre

Naomi Wilson, Executive Director

154 Mitton St. North

Sarnia, Ontario N7T 6G8

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